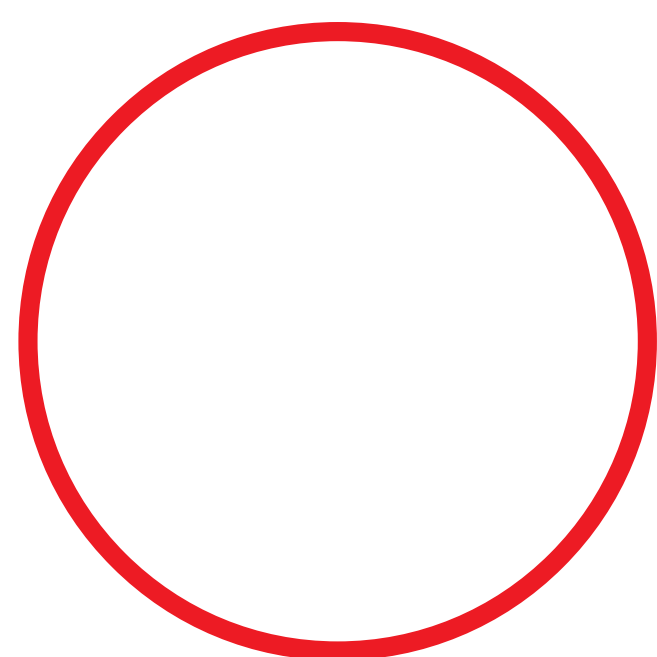


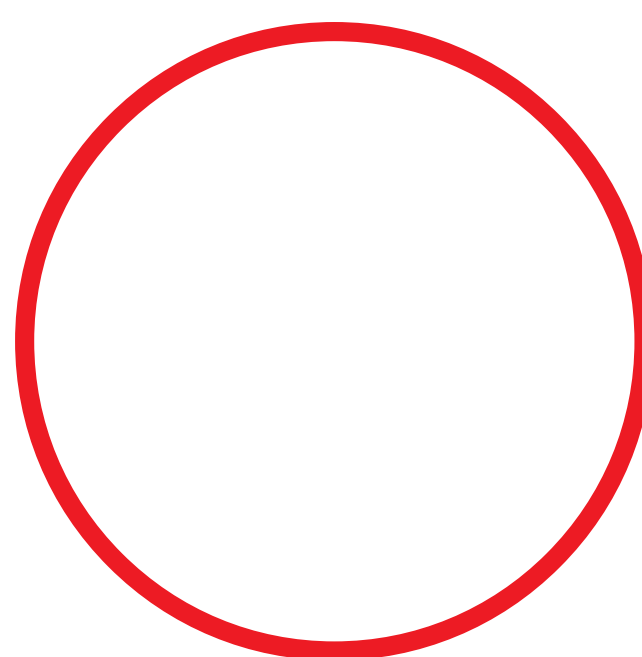
Name: _____



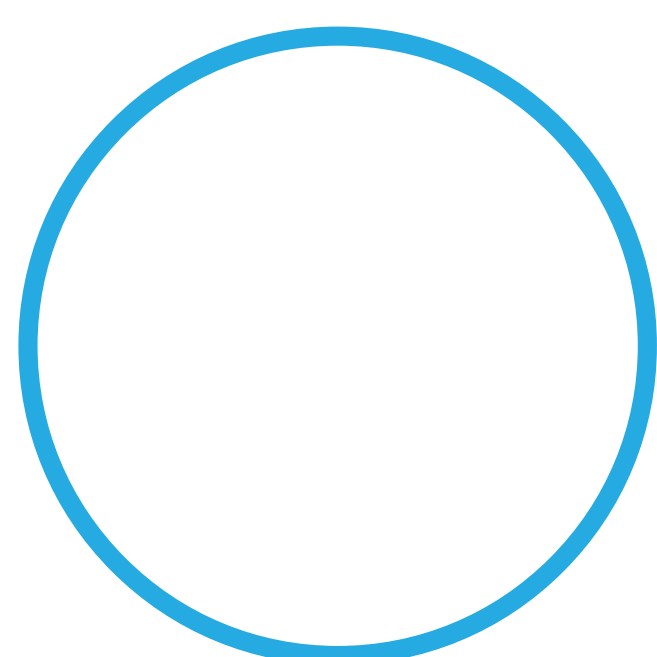
- 1 minute exercise
- Record score
- Rest 1 minute and do the next one



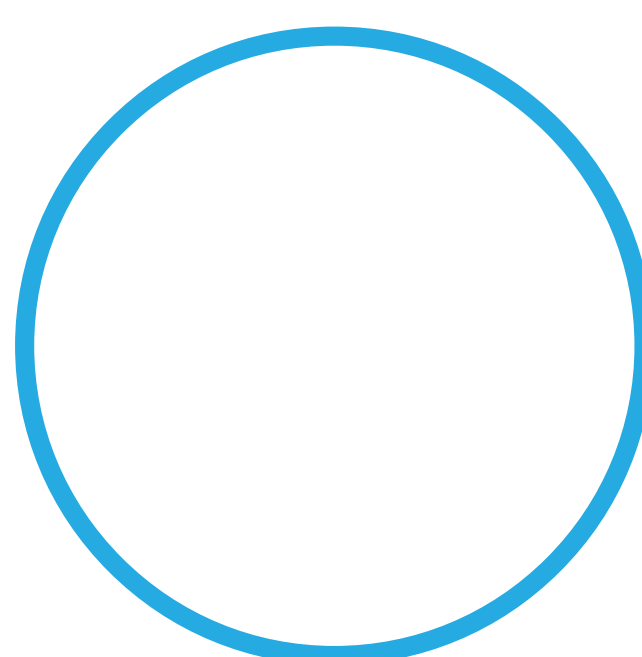
Running



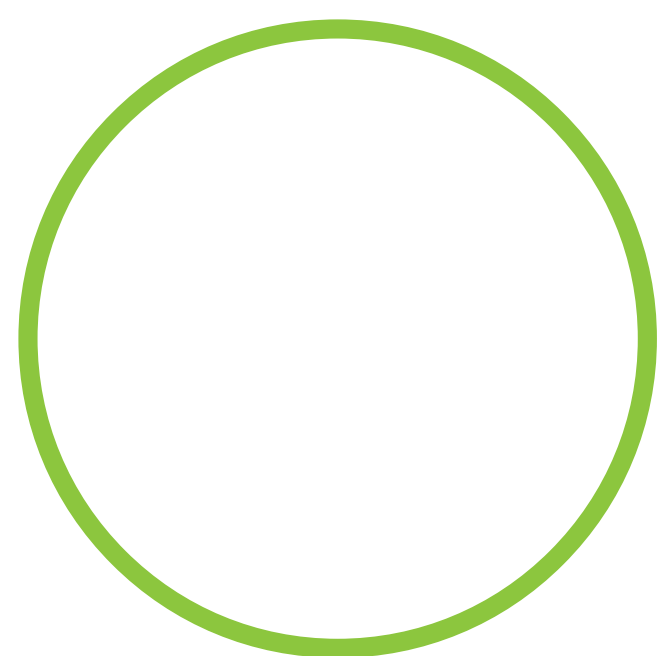
Burpees



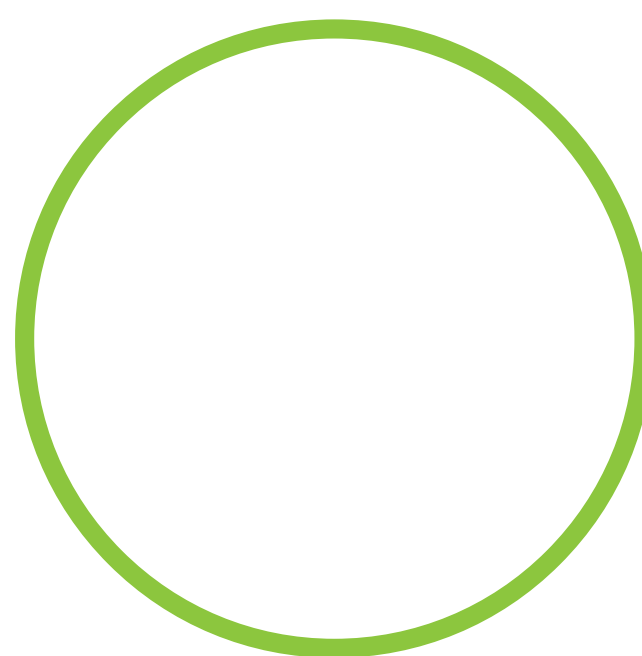
Leap
frog



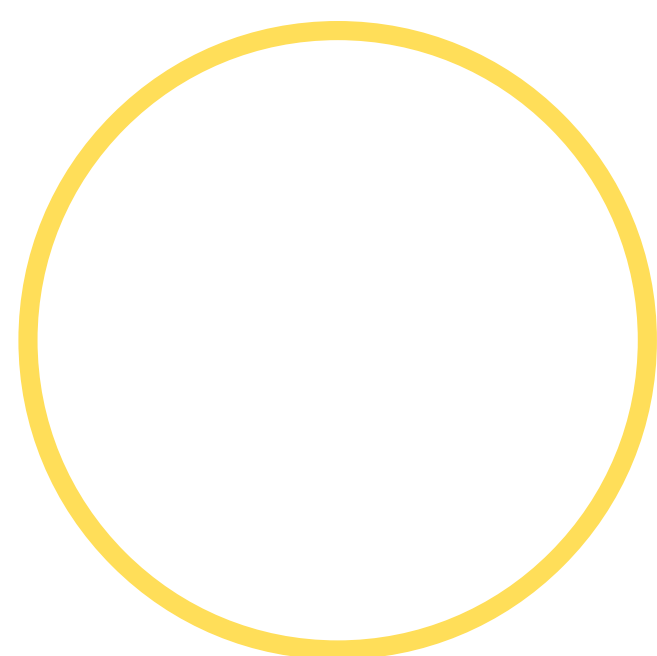
Tuck
Jumps



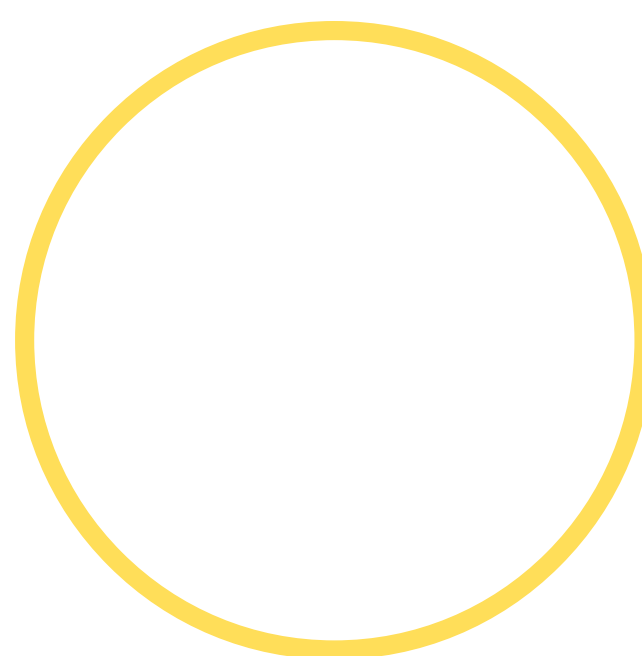
Squats



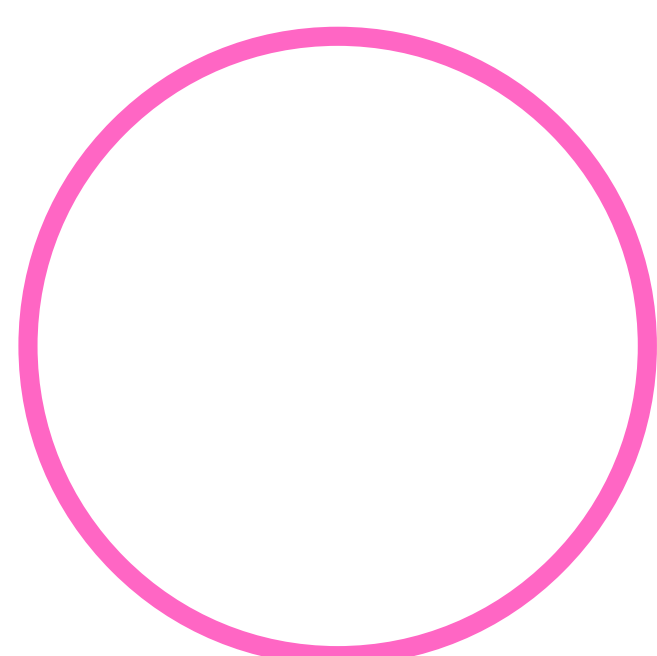
Skipping



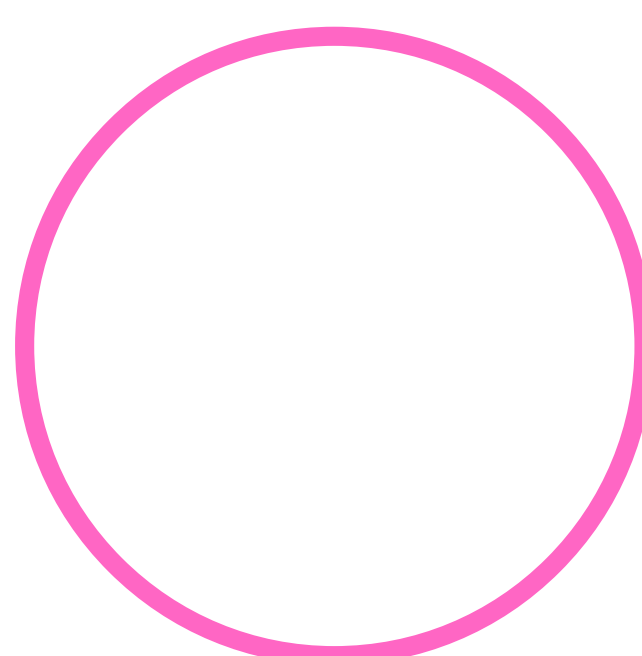
Jumping
jacks



Ski
Jumps



Lunges



Kids choice